

February 2026

## Sustainability@Post Newsletter

[www.postholdings.com/sustainability](http://www.postholdings.com/sustainability)



### OUR ORGANIZATION



#### Updates from Post Holdings

Nick Martin, Vice President - Sustainability, Post Holdings, Inc.



In December, we published our latest [Sustainability Report](#). The

report details our enterprise-wide approach and progress with sustainability efforts across four strategic pillars: Sourcing, Operations, People and Products.

We are proud that our organization has maintained a very pragmatic approach with sustainability and believe this says a lot about our culture, leadership, talented workforce and genuine commitment.

Weetabix also published their latest [Sustainability Report](#) which is a core part of their purpose to ready the nation with nutritious goodness made the right way.

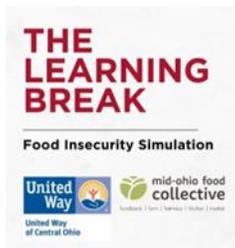


### OUR BUSINESSES



#### Food Insecurity Simulation

Bob Evans Farms employees participated in a special “Learning Break,” featuring a



powerful, hands-on food insecurity simulation hosted by our partners at [United Way of Central Ohio](#) and the [NNEMAP Food Pantry](#).

Through real-world scenarios, employees experienced the tough choices many families face every day and gained a deeper understanding of how access, affordability and time impact food decisions.

#### Exploring Our Internship Opportunities

In 2025, we had interns from 25 states, 45 colleges and universities and 30 different fields of study

across all our businesses! Explore our internship opportunities through the links below as we are already recruiting for summer 2026.

- Bob Evans Farms [Intern Programs](#)
- Post Consumer Brands [Interns](#)
- Michael Foods [Student Programs](#)
- Weetabix [Careers Website](#)
- Post Holdings [careers page](#)

#### Michael Foods Spud-tacular Products and Innovation



When it comes to creating the next spud-tacular product, Irma Tardia, Director of Product Development for Potatoes, likely had a hand in it.

The latest Michael Foods [blog](#) dives into her starch-studded background and how the development team provides unique value to foodservice operators through collaboration and innovation.

#### Bob Evans Farms Swine Observation Corridor

With deep roots in agriculture and a long partnership with The Ohio State University, Bob Evans Farms has always supported education and hands-on learning. The team is excited to sponsor a named space within Ohio State’s new [Multispecies Animal Learning Center](#) at the Waterman Agricultural and Natural Resources Laboratory.



## OUR PARTNERS AND STAKEHOLDERS



### Wreaths Across America

Drivers from Bob Evans Farms had the privilege of delivering fresh wreaths from Maine to St. Louis as part of [Wreaths Across America](#), helping ensure veterans are honored during the holidays.



### HowGood and Green Project Technologies Partnership

HowGood is a core partner on our sustainability journey and recently announced an exciting [new partnership](#) with Green Project Technologies. The combined capabilities of these two organizations will provide customers with complete visibility across supplier networks from farm inputs and ingredients to packaging, logistics, operations and services.

Post has fully activated the HowGood platform with four years of global ingredient data and also is utilizing the farm-level FieldScope module and the product footprinting functionality.

### Gold GroceryAid Award 2025

Weetabix is proud to have once again been awarded a [Gold](#)



[GroceryAid Award for 2025](#), which recognizes companies who have participated in seven activities across all three critical pillars; Awareness, Fundraising and GroceryAid Raffle. GroceryAid plays such an important role in providing grocery industry colleagues and their families with financial, emotional and practical support when it is needed most, and Weetabix is proud to support that mission.

## DOING YOUR PART @HOME



### The Wonder of Houseplants

Most people do not appreciate that houseplants do so much more than brighten up your home or workspace. They also can play a meaningful role in supporting health and well-being.

 **Indoor Air Quality** – One of the most well-known benefits of houseplants is improved air quality. Plants absorb carbon dioxide and release oxygen, and some can help reduce common indoor pollutants. While they are not a replacement for good ventilation, they do contribute to a fresh-feeling space.

 **Stress Reduction** – Houseplants are also linked to reduced stress and improved mood. Studies have shown that being around greenery can lower anxiety levels and promote calm. A more relaxed environment can support better focus and productivity throughout the day.

 **Health Benefits** – Additionally, plants can help with comfort and concentration. By slightly increasing humidity, they may reduce issues like dry skin or irritated eyes—common complaints in climate-controlled houses and buildings. Visually, greenery gives the eyes a natural place to rest, which can be especially helpful during long hours in front of screens.

In short, houseplants are a small investment that can make a big difference. Whether it is a desk-sized plant or a larger green space, bringing nature indoors supports both physical comfort and mental well-being.

*Note: this column has been managed by Laura Bothe-Brendt, a former Office Assistant at Post, who retired in early February. She created the above content prior to retiring and we wish her all the best and appreciate her contributions to this newsletter.*

Questions or Story Ideas? Contact Nick Martin at [nick.martin@postholdings.com](mailto:nick.martin@postholdings.com).